



Volume 40, Issue 10  
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# TAILWIND

The Newsletter of the White Clay Bicycle Club



2012 Shorefire Century

*Dave Anderson photo*

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# PRESIDENT'S MESSAGE

by Carol Ireland

I know it's rather trite to say, but our club would not exist if it weren't for all the volunteers who keep it going. Every member of the Executive Committee is a volunteer. All of the major ride coordinators are volunteers, who plan and carry out rides like the Icicle or the Savage Century in their "spare time".

The Shorefire was our most recent major ride. You probably saw the emails on the listserv thanking all the volunteers for their help. It took more than 40 of them to make the Shorefire such a success. That's more than 10% of our membership.

In a good year, our four major rides generate enough "profit" that we can make generous donations to various non-profit organizations supporting bicycling. In the past four years, we have donated more than \$16,000 to organizations such as the Urban and Newark Bike Projects, Bike Delaware, Special Olympics Delaware, the Delaware Bike Summit, Rails-to-Trails and the League of American Bicyclists. On top of that, after every major ride we donate significant quantities of leftover food to charities providing meals for the needy.

Here's an interesting calculation: if a major ride nets \$4,000, and 40 volunteers help with that ride, that means the club generates \$100 per volunteer, to donate to a cause that improves bicycling in our cities and towns, counties, states or country (provided the club has sufficient funds for its regular expenses). That's not bad for just a few hours of work (for most volunteers).

Not only do volunteers have the satisfaction of contributing to the biggest bike club in Delaware, and through WCBC, any number of non-profits. A tangible reward is a free brunch at the annual WCBC Volunteer brunch, to be held this year at Crabby Dicks on Sunday, October 28. More information is elsewhere in the Tailwind, and on the listserv.

If you haven't volunteered this year for WCBC, one opportunity is the Savage Century, on Sat., Oct. 13. This ride isn't for everyone (although many of you could handle the first 40-60 miles) but anyone can volunteer to help out. Perhaps you'd like to see those vicious hills before considering riding them – volunteer for the rest stops, or to SAG and help riders who falter before finishing. Contact Craig Hall at [SavageCentury@whiteclaybicycleclub.org](mailto:SavageCentury@whiteclaybicycleclub.org) to help.

There's a role for everyone who's a member of WCBC, whether you like to bake (you can make goodies for the major rides), are good at IT (you could help with the website, the listserv, the membership database, etc.), know something about publicity, are interested in bike safety and education (become a League Certified Instructor and give training courses), use social networking tools (you could help the club attract young folks) or know desktop publishing (you could help with the Tailwind). If you haven't volunteered, contact me at [president@whiteclaybicycleclub.org](mailto:president@whiteclaybicycleclub.org) and we'll find a good match for you. Many, many thanks for everyone who has volunteered to help our club stay one of the best around.

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**OUT OF BOUNDS** - Sat., Oct. 13 - PD500 City-2-City Bike - Malvern, PA. Tour to benefit Parkinson's disease. Chester County scenery and fall foliage departing from Bryn Mawr Rehab Hospital, 30 and 60-mile rolling hill routes. Meet up with the select riders as they cycle 500 miles to benefit Parkinson's disease. Rest stops with homemade baked goods and other snacks. Family & friends fun day and post-ride lunch, SAG support, TandemEast new bikes demo. For more information, to register or donate call Chris at 215-872-7296 or visit <http://www.shakeitoff4pd.org>

## Sun., Oct. 14 - Wild Goose Chase bicycle ride for women

Cambridge, MD. 16, 22, 42 & 66 miles. Quiet, scenic roads & level terrain. Rest stops, food, support services, Terry & Gore Bike Wear™ tent sale. Proceeds benefit Blackwater National Wildlife Refuge on the Chesapeake Bay. Sponsored by TERRY and GORE BIKE WEAR™. Info: [www.terrybicycles.com/2012-wild-goose-chase](http://www.terrybicycles.com/2012-wild-goose-chase).

## WCBC Rehoboth Twin **WHEN: October 5-7**

The Rehoboth Twin is a long-standing WCBC event that has happened every year since the club began. There's been a number of changes over the years and this year will be no exception! We're extending it an extra day to make it a 3-day event. It will also be self-supported this year so riders are responsible for carrying their own stuff. To keep with some of the tradition, the ride will leave from the Newark area (location TBD depending on who is going), and there's an optional starting point in Odessa. Another change is another lodging option besides the Pirates Cove. Riders are responsible for making their own reservations and carrying their own stuff. The ride is self-paced and a gps file and cue sheet will be provided. Here are the details:

**Friday October 5**, ride from the Newark area (105 miles) or Odessa (80 miles) to Rehoboth. **Saturday October 6**, there are a couple of options. There's a 50 mile ride with a lunch stop in Lewes, then either take the trail back into Rehoboth to enjoy the afternoon shopping or on the beach, or go to the Lewes Annual Fall Craft Fair held by the historical society. Admission is \$5 to the historic complex which includes numerous historic buildings open to the public as well as the craft fair. The other option is to ride to Bethany and hook up with the Spinden's group during their annual weekend event. Or you can skip riding altogether and enjoy a day at the beach! **Sunday October 7**, we return to Newark and/or Odessa. Lodging options - it's suggested you make your reservations early: Pirates Cove Motel - 302-227-2844. Identify yourself as a WCBC member and be sure and make your reservation for 2 nights! Sand Castle Motel - 302-227-0400. There is no special rate for WCBC. You can make your reservation on-line or call them if you're a member of AARP or AAA and receive a discount. Beware: there is a 7-day cancellation and you'll be charged \$20 regardless. Again, be sure and make it for 2 nights. If you are interested in participating or have any questions please contact either Nancy Waddell (waddelne@gmail.com) or Dwight Siers (das451@gmail.com).

## WCBC Savage Century

**WHEN: Saturday, October 13**    **WHERE: W.L. Gore facility, Newark, DE**

The White Clay Bicycle Club invites you to come out and take the challenge as it once again hosts the 34th annual Savage Century ride, one of the most scenic and challenging rides in our area (especially if you choose one of the longer routes). Select a route – 40, 60, 75 or 100 miles – and enjoy one of the premier rides in the mid-Atlantic region hosted by the White Clay Bicycle Club. The 40- and 60-mile loops have a few shorter climbs, while the major hills are on the 75- and 100-mile loops! Many have enjoyed the challenge of the Savage as a "ride of passage", while others return year after year to simply enjoy the rural beauty of Chester and Lancaster Counties – from the simple charm of Pennsylvania Dutch and Amish farmlands to the scenic vistas from the hills along the Susquehanna River. Warm up on the rolling hills heading west out of Newark, DE toward Nottingham, PA. Then head for the hills and put your training to the test, on the infamous Bald Eagle Hill, Fishing Creek Hill, and Duck Hill! See details on our website.

**SEE ALSO 2011 SAVAGE RECAP ON PAGE 5**

# WCBC Volunteer Appreciation Brunch

**Sunday, October 28**

at Crabby Dicks in Delaware City, Delaware

**\*\*Brunch free for volunteers!\*\***

We have had a very successful year of events, much because of the hard work and dedication put in by our many volunteers! Volunteers are responsible for the rides, the events, the tours, the newsletter, the website, the leadership, and club representatives to bicycle advocacy organizations. In gratitude for their help with club activities in the past year, WCBC is once again holding its annual brunch for our volunteers. If you have led a ride, worked at one of our major events or multi-day tours or helped with club activities, the brunch is courtesy of the club. For non-volunteers, the cost will be \$18. But if you have yet to volunteer, you still have a chance to contribute during the Savage Century Ride on October 13.

Once again, the brunch will be at Crabby Dicks Restaurant, 30 Clinton St., Delaware City. Meet us there at about 10:30 am for a hearty brunch featuring favorite breakfast fare – eggs, bacon, sausage, french toast, breakfast breads and pastries, and desserts.

**Please RSVP to Brenda Mehta, 410-920-6526 or [brendamehta@hotmail.com](mailto:brendamehta@hotmail.com) by Friday, October 12th if you plan to attend.** Please include how many will attend if you're bringing family or friends. For those who want to build up an appetite, join us for one of the rides listed below, all of which will arrive at Crabby Dick's around 10:30 am.

## **Volunteer Brunch Ride – Loop from Crabby Dicks – 7:30 a.m., 13-14 mph**

Begin and end at Crabby Dicks in time for the brunch. Park by Crabby Dicks in Delaware City. Start time 7:30am. 30 mile mostly flat ride at 14-15mph cruising pace. (slower average) Ride leaders: Tom and Cindy Mannis; [mannis11@comcast.net](mailto:mannis11@comcast.net)

## **Volunteer Brunch from N.Wilmington – 7:30 a.m. to 4:00 p.m., 13-14 mph**

Leave Carrcroft Elementary School (located on Crest Rd, 0.2 mi east of Marsh Rd) at 7:30 am for an about 80 mile round-trip ride to and from the Volunteer Brunch. The trip down to Crabby Dick's is 34 miles, nonstop. We have an optional ice cream stop at Woodside Creamery on the 45 mile return trip. Contact John or Ceci McCormick if questions. [j.c.mccormick@verizon.net](mailto:j.c.mccormick@verizon.net), 302-668-8749

## **Crabby Dick's Fit and Fun Ride – 8:30 a.m., Marty Weiss Park, 11-13 mph**

Depart from Marty Weiss Park in Salem Woods, Newark, at 8:30 am for a 32 mile ride at a leisurely 11-13 mph pace. We'll ride about 20 miles to Crabby Dick's for the volunteer brunch and have a shorter ride back to the park afterwards. Terrain will be flat with a few short rolling hills. Ride Leader: Carol Ireland, [president@whiteclaybicycleclub.org](mailto:president@whiteclaybicycleclub.org) , 302-598-9769

## **Yum Yum Ride – 9:00 a.m., Middletown High School, 13-14 mph**

This ride will start at Middletown High School and we'll ride ourselves over to Crabby Dicks, eat, have fun, laugh, and ride back with a smile. This ride is around 42 miles. We will roll out at 9 AM sharp and average will be around 14-16 mph. Bring water, a good working bike, repair kit and a smile. Ride Leader: Isaac Frerichs: [clydesdalecyclist@gmail.com](mailto:clydesdalecyclist@gmail.com)

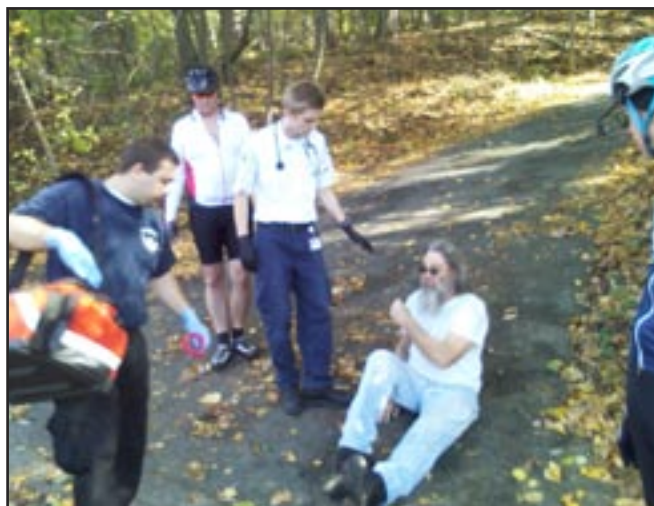
## Savage Century 2011

Submitted by Craig Hall – Savage Century ride coordinator

Though the 2012 edition of the Savage Century is just around the corner, I still wanted to give a short recap of the 2011 event. The 2011 Savage Century was another successful WCBC event, with one cyclist coming from as far away as South Carolina. The great fall weather encouraged 230 cyclists to come out and ride the Savage. Many volunteers once again stepped up to provide their time, talents, and of course, great baking skills, to help make it a great ride.

A number of the participants even finished after dusk, and the SAGs hung in there until all made it back to the Gore facility. As it turns out, there was an incident during the ride, which involved a resident out near Colemanville (who was not participating in the Savage Century). Fortunately, several participating cyclists, including some WCBC members, were passing by at the time of the incident and were able to render assistance. Included in the group of those who happened to be passing by on Colemanville Road were Dave Duncan, Rich Minser, Jim Roegge (a friend of Rich's, who drove in from SW Ohio to ride the Savage), Roy Simonson, Mark Taylor, and (I think I have her name correct) Gabrielle Parkin. (If someone can confirm that Gabrielle was, in fact, in this group, that would be great. Please email – [savagecentury@whiteclaybicycleclub.org](mailto:savagecentury@whiteclaybicycleclub.org) )

Mark Taylor, a Club member, provided the following recap of the incident in the days after the 2011 Savage last October. The group was about ½ mile out from the Colemanville Church rest stop, traveling up Colemanville Road, but after Duck Hill, when suddenly, in front of the group, an out-of-control riding mower, with a man aboard, careened across the road in front of the group! He plowed through some trees & brush, and ended up in a small field across the road. The group immediately stopped to see if they could help, and after some quick onsite assessment and preliminary first aid, Dave quickly called 9-1-1 to report the incident. Once the paramedics arrived, the group recounted the incident, and stayed to lend whatever support they could for the injured local resident. Mark said, "I can't ever recall having to call 9-1-1 on a ride before, for someone who wasn't actually on the ride." The man aboard the mower was very lucky. And, the group's timing was quite fortunate, too. Had they been just a few seconds earlier, a much bigger collision could have occurred. "How the guy didn't get killed is beyond me", noted Mark.



It turns out the mower had a gearing problem, and there was not enough braking power to stop the mower. "What are the odds of us coming around at the same time? Not too many houses out there, and god only knows when they would have found this guy if we didn't happen to come by at the same time." The man aboard the mower had at least a broken arm and possibly a concussion, too. After about 45 minutes, when the situation was under control, the group continued on to the Colemanville Church for a much needed rest stop, and then on its way again to complete the century some time after dusk. Mark commented, on the volunteers and especially the SAG drivers, "everyone's effort and time sacrifice was above and beyond the call of duty."

Even though this recap is long overdue, it's very important that this group's efforts are recognized. Their efforts are commendable, and it's another in a long line of countless examples that typifies the caliber and can-do attitude that makes WCBC's members great! Thanks to all of you for your willingness to lend a hand when needed!

# WCBC SHOREFIRE CENTURY - AUGUST 25 - RECAP

## **Hello White Clay Bicycle Club,**

Thanks so much to all who rode the Shore Fire yesterday!! We had a great turn out for the ride.

And a huge thank you to all the volunteers. From route planning, to cue sheets, to marking the route and test riding the route, to shopping for food and supplies, and managing the trailer and giveaways, from managing registration and working rest stops and sagging the route, to baking goodies, all the volunteers were terrific. You made everything work smoothly. Thank you so much!! You made the Shore Fire!!

With our thanks,

*Sally Buttner and Jan Johnson,  
Shore Fire Coordinators*

PS: We tried hard to be sure all volunteers are on this list. If we left someone off, please let us know!!

### **Thanks to all these volunteers:**

- Ted Ryser
- John and Ceci McCormick
- Gail Robillard
- Craig Hall
- Bob Conley
- Doug Kennedy
- Carol Tasca
- Lynn and Bob Adelman
- Helen and Bob Spinden
- Ed McNulty
- Ian Phillips
- Jeff Phillips
- Florence and Shelly Stiefeld
- Paula and Bill Golladay
- Charlie and Kathy Johnston
- Brenda Savage
- Carol Ireland
- Mike Salter
- Mark Taylor
- Rick Bogda
- Mary Cressman
- Dan Malvestuto
- Kristie and Kurt Augenblick
- Dwight and Carol Siers
- Tom and Cindy Mannis
- Nancy Waddell
- Dave Vispi
- Dave Anderson



*Thanks Sally and Jan for a great 2012 Shorefire. You did a wonderful job!*

*And towards the end of your long day, you still are smiling and look so relaxed. Again Thanks. All previous Shorefire ride coordinators can be proud that this event continues in the fine tradition started by Frank Warnock.*

*Mary Clare Matsumoto,  
retired Shorefire ride coordinator!*

*PS - thanks Dave Anderson for posting all your great pictures on Piccassa!*

### **And thanks to all these bakers:**

- Cindy Mannis--for leading the baking and for baking
- Mary Clare Matsumoto
- Marcia Cloud
- Lynn Adelman
- Bill Golloday
- Charlie Johnston
- Kim Corrigan
- Gail Robillard
- Jeff Manlove
- Jamie Cheney
- Dale Bostic
- Carol Ireland
- Darree Clark,
- Ceci McCormick
- Joy Elsey
- Tamara Fellow
- Mary Cressmen
- Rick Bogda
- Dwight & Carol Siers
- Deb Alesantrino
- Kristie Augenblick
- Vince Mazzella

## **WCBC Executive Committee Meeting Minutes**

### **Monday, September 10, 2012**

*Submitted by Cindy Mannis*

The meeting was called to order at 7:00 pm by President Carol Ireland. The minutes from the August meeting were approved as written.

Mary Cressman, Treasurer, presented the financial report. Our current balance is \$44,380. Last year's balance at this time was \$30,576. Most of the financial activity for the past month was related to the Shorefire Century. Once the accounting is complete, we anticipate the net from the Shorefire to be about \$9000. The WCBC Ride Calendar was renewed for the next year via Hunt. The cost is \$49 per year that runs from Oct to Oct.

Sally Buttner provided a recap of the ShoreFire. The ride was a great success. We had 570 riders. No accidents were reported and all the rest stops were well stocked and well staffed with great volunteers. Most riders loved the new 100 mile route, but some missed the 100/65 mile split right after Hartley. More attention to marking that area is planned for next year.

Craig Hall gave an update on the Savage Century, October 13. He has confirmed approval for use of the pavilion at the Nottingham rest stop. The port-o-pots are reserved. The patches, with a new design, are being made. Fifty riders are pre-registered thusfar. He plans to recruit volunteers soon and plans to use yellow spray chalk for the route marking, but will test the spray chalk beforehand to make sure it won't fade.

Brenda Mehta provided an update on the Volunteer Brunch, October 28. Crabby Dicks has been reserved and the cost per person remains the same as last year. We will be charging \$18 a person for guests. All volunteers who plan to attend will be asked to RSVP for this event. There is one ride listed on the calendar so far; we are hoping to have at least 3-4 more rides added. Tom Mannis, Ride Captain, will send another email out to the ride leaders.

The 2013 dates for WCBC events were proposed as follows: Banquet - February 23 (pending speaker's availability); Icicle - March 23; Picnic - June 1; Doublecross - Sat., July 6 (to avoid the 4<sup>th</sup> of July holiday major travel day); ShoreFire - August 24; Savage - Oct 12 and Volunteer Brunch October 27. The committee agreed to these dates for now, but they are subject to change.

Carol Ireland gave an update for Dennis Flint on speakers for upcoming club programs. Dennis is working on getting a reporter from a NYC paper, who has reported on cycling for many years, to speak at our December meeting. He knows a lot of bike racers and their stories. For the annual banquet in February 2013, Dennis is talking with several speakers including, George Hincapie, Greg LeMond and an Englishman, Mike Hall, who just broke the record for riding around the world -- in 90 days! Any one of these speakers would be a treat.

The next item on the agenda was a discussion about the sale and donation of Bob Wheeler's bikes and bike equipment. A proposal has been made and accepted to give some of Bob's bike stand, tools and smaller bike parts to the Newark Bike Project, and then to hold a sale for the bikes and higher end tools , GPS units etc. Discussion of when and where to hold the sale were discussed but not finalized. Jeff Butcher and Dave Bundas are working on the inventory and pricing. Bob's daughter has asked that items be removed from Bob's home by the end of September.

**- continued next page -**

## **SEPT. EXEC. MEETING - *continued from page 7* -**

Carol brought samples of cycle jerseys from Eugene Bernosky of Zaavy, who is pursuing our business for jerseys. He is located in California now, but is from Delaware and rode with the WCBC in the 1970s when he was a teenager, so he has ties to us. Tom Mannis, Ride Captain, will ask for a proposal from this vendor for the leader jerseys. If the price is right we may go with him.

There was a brief discussion on the "issues" related to email discussions on the WCBC listserv. It was decided that a policy for the listserv is not needed at this time, but the President can use his/her judgment if discussions get out of hand, to ask the group to take it to another forum such as the WCBC Facebook page.

Gail Robillard gave the Bike Delaware update. She attended the Bike Summit last Friday and said it was very good. Most sessions related to the work being done throughout the state on walking and riding trails and pathway connections from city to city and town to town.

The next meeting will be on Monday October 1, 2012. The meeting was adjourned at 8:47 pm.

## **Bike Shop Discounts for WCBC Members (as of August 2012)**

**These bike shops have agreed to give WCBC members a discount. Support your local bike shops by shopping here:**

**The Bike Boutique** - 1007 N. Orange St., Wilmington, DE 19801 (302) 543-4536  
10% on Bicycles, 10% on Accessories, 25% on Service

**Garrison's Cyclery of Centreville** - 5801 Kennett Pike, Centreville, DE 19807, (302) 384-6827  
5% (with cash or check) on Cervelo, Moots, Turner, Wilier; 15% on other Bicycles  
10% on Accessories (15% with cash or check)

**Henry's Bicycle Shop** - 7 Polly Drummond Center, Newark, DE 19711, (302) 455-1099  
10% discount on Accessories, 10% discount on Service

**Performance Bicycle** - 1267 Churchmans Road, Center Pointe Plaza, Newark, DE 19713,  
(302) 266-8330 - 10% on Service

**Wooden Wheels** - 141 E. Main St., Newark, DE 19711, 302-368-BIKE (2453)  
10% on Bikes, Accessories & Service; Exclusions: Discounts cannot be combined with other offers or MS certificates

### **All area BikeLine Shops**

Bicycles: 5%, Accessories: 10%, Service: 10%; Exclusions: sale or closeout items

When you shop at these bike shops, ask for the WCBC discount. Use a printout of the email addressed to you with the link to the current Tailwind as proof of membership. Note: The most up-to-date discount information can be found on the WCBC website, under About Us – Membership.



## 2012 Executive Committee

**Carol Ireland, President** - 302-995-9658;  
 president@whiteclaybicycleclub.org  
**Cindy Mannis, Vice President** - 610-274-0298;  
 vicepresident@whiteclaybicycleclub.org  
**Mary Cressman, Treasurer** - 215-816-9154;  
 mrcressman@comcast.net  
**Kristie Augenblick, Publicity** - 302-239-6851;  
 publicity@whiteclaybicycleclub.org  
**Dennis Flint, Club Meeting Programs** - 302-239-3573;  
 flintyyy@verizon.net  
**Craig Hall, Savage Century** - 302-419-6905;  
 savagecentury@whiteclaybicycleclub.org  
**Tom Mannis, Ride Captain** - 610-274-0298;  
 rides@whiteclaybicycleclub.org  
**Brenda Mehta, Social Chair** - 410-920-6526;  
 brendamehta@hotmail.com  
**Joe Bockrath, Doublecross** - 302-475-7063;  
 doublecross@whiteclaybicycleclub.org  
**Gail E. Robillard, Safety & Education** - 302-762-5785;  
 safety@whiteclaybicycleclub.org  
**Ted Ryser, Icicle Metric** - 302-545-9416;  
 icicle@whiteclaybicycleclub.org  
**Shorefire Century: Sally Buttner**, 302-286-1118, and **Jan Johnson**, 610-383-9575, shorefire@whiteclaybicycleclub.org  
**Bob Siegarth, Membership** - 302-478-1396;  
 membership@whiteclaybicycleclub.org  
**Linda Young, Newsletter & Website** - 302-996-0983;  
 tailwind@whiteclaybicycleclub.org

## NEED MORE INFORMATION?

Visit [www.whiteclaybicycleclub.org](http://www.whiteclaybicycleclub.org)  
 and/or check the Ride Calendar for recently added  
 opportunities!

## WCBC Jerseys

The design manufactured by Verge Sport has an upgraded fabric, extra long zipper, three pockets in the rear and raglan sleeves. (See photos on our website). All new inventory is club cut short-sleeved and costs \$60. Race cut, women's cut, long sleeved jerseys or vests may ordered when at least six requests are received for a particular style. See full color version on the WCBC website. To purchase our jersey, contact Bob Adelman at 302-234-1057, tandemcyclist@yahoo.com.

## WCBC Membership Benefits

- Ride calendar on website updated daily.
- Tailwind monthly newsletter—cycling events, club news, photos, advocacy, free classified ads and more
- Invitations to annual banquet & picnic
- Special programs at monthly meetings
- Many riding and social opportunities
- Secondary insurance coverage on club rides

*Your membership also supports Bike Delaware, strong representation at public transportation hearings, Delaware Bicycle Council meetings & community events.*

## WCBC MEMBERSHIP APPLICATION / RENEWAL

Join / renew instantly on our website

OR MAIL to WCBC Membership c/o Bob Siegarth • 725 Foulkstone Rd • Wilmington, DE 19803

DUES: (make check payable to WCBC; you may pay for multiple years)

Individual Adult - \$20/Year - TOTAL ENCLOSED \$\_\_\_\_\_  Household - \$25/Year - TOTAL ENCLOSED \$\_\_\_\_\_

Junior (\$10/Year (under 18 years old) - TOTAL ENCLOSED \$\_\_\_\_\_

New Member  Current Member: My expiration date is \_\_\_\_\_

PRINT CLEARLY:

Name(s): (include all names if household membership):

\_\_\_\_\_ E-Mail \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

Phone: Home (\_\_\_\_) \_\_\_\_\_ Work (\_\_\_\_) \_\_\_\_\_

Please indicate your biking interest(s):

Road/touring  Tandem  Mountain biking  Exercise Fitness

I'd be interested in:  Leading rides  Helping with cycling events